



Caregivers: This Day Is For You!

November 3, 2012

8:00 AM — 3:00 PM

**Millennium Airport Hotel
2040 Walden Avenue
Cheektowaga**

Although there is no charge for this Workshop & Resource Day, registration is required.

To register please call:
(716) 858-2177
or e-mail
caregiver@erie.gov

Lunch and adult respite care will be provided at no charge.

~ Visit resource tables with local vendors!

Workshop topics include:

- Who's Helping the Family Caregiver?
- Dealing With Challenging Behaviors
- An Attorney Talks with Caregivers about Legal Issues
- Home Activities for Loved Ones With Dementia
- Laughter: The New Stress Buster!
- Depression: What Caregivers Need to Know
- Coping with Personal Care Issues
- An Attorney Talks with Caregivers about Financial Issues
- Dementia/Alzheimer's Sensitivity Experience
- And more!

*Hosted by: Erie County Caregiver Coalition and
the Alzheimer's Disease Assistance Center*